Mhat's Your LAQ Score?

Indoor Air Quality (IAQ) refers to the air within a building & how relates to the occupants' health & comfort.

96% Homes with IAQ problems

90%
Time spent
indoors

2900 Gallons of air we inhale each day



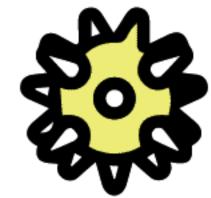
2-5X Indoor air is worse than outdoor

25.5 M Americans with asthma



1 in 5
People have
allergies/asthma

ALLERGY/ASTHMA TRIGGERS



Pollen

7% of adults & 9% of children are affected by seasonal allergies



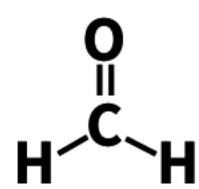
Pet Dander

cat allergies are 2x as common as dog allergies



Dust Mites

one of the worst indoor triggers & can even *cause* asthma



Relative Humidity

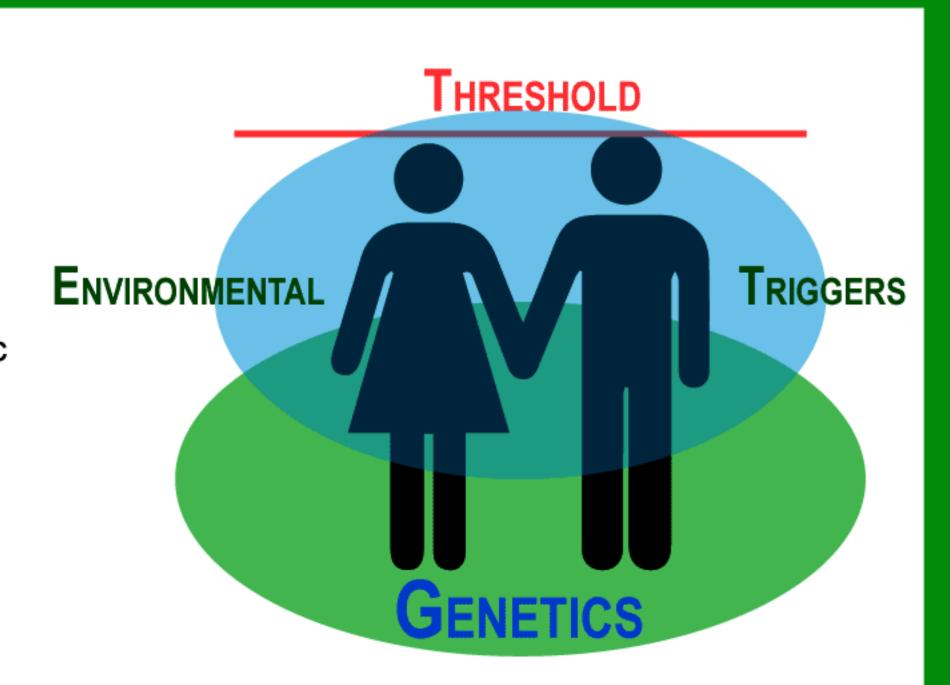
directly affects mite & fungal populations higher humdity = more mites & mold

Chemical Pollutants

offgassed by building materials, carpet & upholstery - can cause severe reactions

When the mix of genetic factors and environmental triggers reaches the threshold for an individual, allergy & asthma symptoms are expressed.

We can't do anything about genetic factors, but we can control some environmental triggers to make people more comfortable, & possibly even prevent issues creating health problems.



TOP 3 CLEAN AIR SOLUTIONS

- Have your air tested by a professional who uses an AirAdvice™ monitor
- Install IAQ Solutions for filtration, ventilation & humidity control as needed
- Be sure to maintain your system as recommended by your contractor



AirAdvice for Homes • airadvice.com • 888-959-4686 • 9320 SW Barbur Blvd, Suite 395, Portland OR, 97219

http://www.who.int/respiratory/asthma/causes/en/

http://www.ncbi.nlm.nih.c/pmc/articles/PMC1474709/

https://www.sharecare.com/health/air-quality/oxygen-person-consume-a-day http://www.aafa.org/page/asthma-facts.aspx

https://www.niaid.nih.gov/topics/environmental-allergies/Pages/cause.aspx http://www.cdc.gov/asthma/most_recent_data.htm